

TO OUR CUSTOMERS WITH GLUTEN SENSITIVITY:  
The following menu choices are gluten-free:

BEANS  
DIRTY RICE  
POTATO SALAD  
GARLIC MASHED POTATOES  
STEAMED BROCCOLI  
CANDIED YAMS  
COLLARD GREENS  
SUCCOTASH  
POTLIKKERS  
CORN PUDDING  
KITCHEN SOUP  
GUACAMOLE  
SALSA  
ATOMIC CORN RELISH  
CAMEL CUSTARD

GRILLED FISH: SALMON, TUNA, MAHI, SWORDFISH  
GRILLED SHRIMP AND SCALLOPS  
(the fish sauce served on the side contains Dijon mustard, which may  
not be gluten free.)

GRILLED STEAK (**NOT STEAK TIPS!!**)  
GRILLED CHICKEN BREAST  
TUESDAY SPECIAL SMOKED TURKEY (**NO GRAVY, NO STUFFING**)  
REDBONES SAUSAGE OF THE DAY  
TEXAS CHILI (**NO CHIPS**)  
CHILI VERDE (**NO CHIPS**)  
SUNDAY/MONDAY SPECIAL GRILLED REDBONES BURGER (**NO BUN**)

WE USE GLUTEN-FREE BRANDS WHENEVER POSSIBLE; HOWEVER, THEY ARE NOT ALWAYS AVAILABLE. AS A RESULT, THE FOLLOWING FOODS MAY CONTAIN SMALL AMOUNTS OF GLUTEN:

WOODGRILLED CHICKEN AND RIBS; SLICED BRISKET:  
dry rub contains Worcestershire sauce, which may not be gluten-free

BBQ MEATS:

pulled pork, pulled chicken, chopped beef, jerk beef, bbq hash all contain BBQ sauces (SEE BELOW)

BBQ SAUCES:

all contain Worcestershire sauce; vinegar sauce contains apple cider vinegar; may not be gluten free

GARDEN SALAD AND GRILLED CHICKEN SALAD:

creamy house dressing is NOT gluten free; balsamic vinaigrette may not be gluten free

COLESLAW:

contains cider vinegar, which may not be gluten-free

BUFFALO WINGS:

sauce contains cider vinegar, which may not be gluten-free

STEAK TIPS:

marinade contains soy sauce, which may not be gluten-free

GRILLED VEGGIES / GRILLED PORTABELLA:

marinade contains balsamic vinegar, which may not be gluten-free

CRISPY POTATOES / FRENCH FRIES:

fried in the same oil as breaded products; crispy potatoes are tossed with Dijon mustard, which may not be gluten free

TARTAR SAUCE:

contains mayonnaise, which may not be gluten free